

Virtual CSS
Webinar
Series

Creating Stellar
Sessions Webinar
Part 2



Astronomy for Beginners

- [Astronomy for Beginners: How to Get Started in Backyard Astronomy - Sky & Telescope - Sky & Telescope \(skyandtelescope.org\)](#)
- [Astronomy For Beginners \(Learn How to Get Started\)](#)
- [Astronomy for Beginners | The Planetary Society](#)
- [Night sky app](#)
- [Sky view app](#)

Drone Flying

- [How to Fly a Drone: A Beginner's Guide - 42 West, the Adorama Learning Center](#)
- [How to fly a Drone - A to Z Beginners Course - YouTube](#)
- [Best Beginner Drones - April 2021 \(consumerpicks.org\)](#)

Qigong

- [Sitting Qigong Routine to Relax and Restore - w/ Jeffrey Chand - YouTube](#)
- [qi gong weel chair - YouTube](#)
- [3 Best Qi Gong Exercises for Beginners \(Qi Gong Moving Meditation\) - YouTube](#)

Tai Chi

- [Tai Chi \(Chair\) - Episode 1 - Move It Or Lose It 2019 - YouTube](#)
- [Wheelchair Tai Chi - YouTube](#)
- [Adaptive Wheelchair Tai Chi Seven Form - Demonstration - YouTube](#)

Sports

- Connect with the community:
- Bowling leagues
- Golf

Volunteering

- [Volunteer Match](#)
- Connect with the community by volunteering with children (i.e., youth sports leagues, Girls/Boys Clubs)